

## ***New Patient Key Points***

1. **Intramax**: IntraCELL technology finds the toxins binds to them, next captures toxins then infuses cells with nutrients then are released and removed from the body. More than 415 Nutrients. First 3 days take ½ cap a day. A full cap every day after that.
2. **Calm**: Anti-Stress drink- muscle relaxer. Citric acid and magnesium carbonate.
3. **Asea**: Redox signaling [1500144269.teamasea.com](http://1500144269.teamasea.com)
4. **Protandim**: Reduces free radical damage in the body. One-a-day all natural supplements. Created with natural plant extracts. [www.Lifevantage.com/sherylplush](http://www.Lifevantage.com/sherylplush)
5. **Colloidal Silver**: Immune support
6. **Arnica 30c**: Homeopathic Medicine- Helps with inflammation.
7. **Rhus Tox 30c**: Over exertion to tendons and ligaments
8. **Symphytum**: Fractures
9. **Therapeutica Pillow**: Properly supports the upper back, neck, and head to maintain natural spine curvature while sleeping on your back or side. [www.Quill.com](http://www.Quill.com).
10. **Posture Pump**: Decompresses and hydrates damaged discs while aligning vertebra into their natural curved shape. Restores range of motion and gets to the cause of neck pain and stiffness.
11. **Osteovest & Wolfs Law**: The best exercise for your bones. Use it during walking, running, stair climbing, hiking, etc. Help prevent Osteoporosis. Try finding one at Target (Danskin)
12. **Orthotics**
13. **Multipure**: [www.Multipureco.com](http://www.Multipureco.com)
14. **P.R.I.L.L.**: [www.Wolfclinic.com](http://www.Wolfclinic.com)
15. **Cold Laser**: ***Benefits***: Non- toxic, no contradictions, non-invasive, no side effects or pain, highly effective, an alternative to; analgesics, NSAID's, medications, other modalities, and reduces the need for surgery.  
***Biological effects***: Rapid cell growth, faster wound healing, increased metabolic activity, reduced fibrous tissue formation, Anti-Inflammatory action, increased vascular activity, and Stimulated Nerve function.
16. **Ice Packs**: Ice every 20 minutes every two hours with thin pillow case.
17. **Neck Exercises**: Work sheet
18. **Vaccinations**: The Blood Book
19. **Pregnancy belt**: Back and pelvis support for pregnant women. Can order if needed
20. **Massage**: Relieves stress, encourages relaxation, improve posture, help manage pain, Improves flexibility and ROM, Relieves headaches, strengthens immune system, helps rehab after injury, manage fibromyalgia, helps with depression, arthritis, insomnia, circulation problems, and many more.
21. **Omega 3 Fish Oil**: (3000-6000mg)-Nordic Naturals. Start w/ 1500mg a day.
22. **5 Billion Pro-Biotic**
23. **5 HTTP**: 100 Mg a day
24. **Molecules Of Emotion**: Candace Pert
25. **Prescription For Care**